



producing engaging content

**Exercise, tech tutorials, crafts,
entertainment & more!**

Parkland College Television (PCTV)

Comcast: channel 9

Mediacom: channel 10

AT&T: channel 99

<https://bit.ly/CUWisePCTV>

Urbana Public Television (UPTV)

Comcast: channel 6 & 1096

i3 Broadband: channel 6

AT&T U-Verse: channel 99

<https://bit.ly/CUWiseUPTV>

APRIL

Parkland College Television (PCTV)

TUESDAYS AT 11:00 AM

APRIL 5 Exercise with Parkland College

APRIL 12 Exercise with Parkland College

APRIL 19 Exercise with Parkland College

APRIL 26 Clark-Lindsey Therapy Topic:
Stroke Information

Urbana Public Television (UPTV)

THURSDAYS AT 1:00 PM & SATURDAYS AT 4:00 PM

APRIL 7 Advance Care Planning with Carle
Faith Community Health

APRIL 14 Advance Care Planning Q&A with
Carle Faith Community Health

APRIL 21 Oodles and Oodles of Doodles
Foxtrot and Swing with Parkland College

APRIL 28 Earth Day for All with CU Uke Jam

Streaming on YouTube anytime!

Questions?
cuwisetv@gmail.com