



producing engaging content

Exercise, tech tutorials, crafts,
entertainment & more!

Parkland College Television (PCTV)

TUESDAYS AT 11:00 AM

FEBRUARY 1 Parkland Exercise

FEBRUARY 8 Parkland Exercise

FEBRUARY 15 Clark-Lindsey Therapy Topic:
When the Beat is Irregular

FEBRUARY 22 Parkland Exercise

Urbana Public Television (UPTV)

THURSDAYS AT 1:00 PM & SATURDAYS AT 4:00 PM

FEBRUARY 3 Knowing Him By Heart: African
Americans on Abraham Lincoln
Parkland Exercise

FEBRUARY 10 Oodles Oodles of Doodles
Parkland Exercise

FEBRUARY 17 Clark-Lindsey Conversations

FEBRUARY 24 Finding Family with DNA testing
with Urbana Public Library
Breathing Free and Staying on
Your Feet with Parkland College

Parkland College Television (PCTV)

Comcast: channel 9

Mediacom: channel 10

AT&T: channel 99

<https://bit.ly/CUWisePCTV>

Questions?

cuwisetv@gmail.com

Streaming on YouTube anytime!

Urbana Public Television (UPTV)

Comcast: channel 6 & 1096

i3 Broadband: channel 6

AT&T U-Verse: channel 99

<https://bit.ly/CUWiseUPTV>