

December 2021

Virtual Education Programs

CC – COVID 19 & Caregiving

DCONVO – Dementia Conversations Driving, Doctor Visits, Legal & Financial Planning

ECOMS – Effective Communication Strategies

HHFHY – Healthy Living for Your Brain and Body; Tips from the Latest Research

KTTWS – 10 Warning Signs of Alzheimer's

LWAPWD – Living with Alzheimer's for Person with Disease

LWACGES – Living with Alzheimer's for Caregivers – Early Stage

UAD – Understanding Alzheimer's and Dementia

UARTD – Understanding and Responding to Dementia – Related Behaviors

To Register, Call our 24/7 Helpline 800.272.3900 or Click the Program Title

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 10:00 a.m. – UARTD	4
5	6	7 12:00 p.m. – DCONVO 6:00 p.m. – UAD	8 10:00 a.m. – LWAPWD 12:30 p.m. – LWACGES	9	10 10:00 a.m. – DCONVO	11
12	13 12:30 p.m. – HHFHY 6:00 p.m. – ECOMS	14	15 10:00 a.m. – LWAPWD 12:30 p.m. – LWACGES	16	17	18
19	20 12:00 p.m. – KTTWS	21	22 10:00 a.m. – LWAPWD 12:30 p.m. – LWACGES	23	24	25
26	27	28 6:00 p.m. – DCONVO	29	30	31	

The holidays can be challenging for families living with Alzheimer's and other dementias.

With some planning and adjusted expectations, your celebrations can still be joyous occasions. Get tips at bit.ly/2CJn8hr.