

## **Student-Led LIFE Clinic to Help Area Residents Starting Aug. 24**

CHAMPAIGN, Ill. — Residents who live with daily pain or who have difficulty completing simple to more complex day-to-day activities can get help from a free clinic at Parkland College starting next week.

The Learning Information for Everyday (LIFE) Clinic, offered by the Parkland College Occupational Therapy Assistant program, provides individual consultation, assistive device modifications or recommendations, and ideas for simple strategies to conserve energy, perform daily tasks, and better navigate meaningful activities.

Parkland will offer LIFE Clinic services Tuesdays through Thursdays, 9 to noon, during the fall semester. To seek assistance through the clinic and for more information, please contact Michelle Roberts, OTA program director, at 217/353-2782 or Kendra Schroder, OTA part-time faculty, at [kschroder@parkland.edu](mailto:kschroder@parkland.edu).