

## Illinois Resource & Wellness Series

Join us for a **FREE** webinar  
to learn from Illinois' leading  
experts about diabetes  
management.

**Topic: Nutrition & Meal Planning**

**September 1, 2021**

**12 p.m. – 1 p.m.**



### **SPEAKERS:**



**Sharmila Chatterjee MSC, MS,  
RD, LDN, CDCES**  
Registered Dietitian & Certified  
Diabetes Care and Education  
Specialist  
Adult Endocrinology Medical  
Group



**Sheila Harmon, MSN, APRN,  
CDCES, PCMH-CCE**  
Director of Provider Practice  
Office of Community Engagement  
& Neighborhood Health  
Partnerships  
University of Illinois Hospital &  
Health Services



**Amy Hess Fischl, MS, RDN,  
LDN, BC-ADM, CDCES**  
Program Coordinator  
University of Chicago  
Sections of Adult and Pediatric  
Endocrinology

**Register: <http://bit.ly/adawebinaresep1>**