



producing engaging content

**Exercise, tech tutorials, crafts,
entertainment & more!**

TUESDAYS AT 11:00 AM

Parkland College Television (PCTV)

Comcast: channel 9

Mediacom: channel 10

AT&T: channel 99

THURSDAYS AT 1:00 PM

Urbana Public Television (UPTV)

Comcast: channel 6 & 1096

i3 Broadband: channel 6

AT&T U-Verse: channel 99

Streaming online anytime!

Questions?

cuwisetv@gmail.com

- JULY 6** Parkland Exercise
- JULY 13** Parkland Exercise
- JULY 20** Parkland Exercise
- JULY 27** Clark-Lindsey/Parkland OTA
Topic: Healthy Hydration and
Protecting the Skin

JULY 1

Evergreen Resident Interviews
Urbana Park District- Strength and
Balance for Seniors

JULY 8

Museum of the Grand Prairie: How to
Start Your Own Tea Garden

JULY 15

ArtMade Colored Pencil tutorial by LA
Fuller Art

JULY 22

Clark-Lindsey Conversations

JULY 29

Get to Know Your E-Library with the
Champaign Public Library