

# Friendly Callers

Seniors Calling Seniors

**We all can use a friendly voice.**

*Aging is not for the faint of heart. Chat with someone who gets it.*

**Program Description:** Friendly callers is a **free** program designed to bring individuals 60 years and older together to provide socialization and support. It is built on the idea that facing the challenges and transitions of later life is made easier by talking with someone who understands firsthand. Shoot the breeze. Share coping strategies. Swap stories and support. Individuals may be self-referred or may be referred to the service by others. It is a voluntary program and can be ended at any point.

**What to Expect:** A Family Service Caseworker will meet with you in your home to go over the program and to fill out necessary paperwork. A Friendly Caller Coordinator from either Family Service RSVP (Retired Senior Volunteer Program) or OSF Faith in Action will call you to share further instructions. You will be matched with another Friendly Caller based on your preferred schedule, your identified interests and/or experiences, and availability.

**Program Evaluation:** A Family Service Caseworker will be checking in with you at 3 months, 6 months, 12 months, and every 6 months thereafter until participation in the program has ended. In order to retain funding for this program, we need to collect data to prove that it is effective. We appreciate your patience with this process.

***Sometimes having a friendly voice to talk to can make all the difference.***

**Give us a call. Experience the mutual benefit of being a Friendly Caller.**

## 217-352-5100