



# Seeking Research Study Volunteers

We want to better understand barriers to physical activity



## You are eligible if you:

- Are 50 years and older.
- Can read, write, and understand English.
- Can leave the house without someone else assisting you.

## What is involved?

- 30-45 minutes of your time.
- Completing an online and paper survey.

## What are the benefits?

Contribute to our understanding of barriers to physical activity.

## Will I be compensated for my time?

The opportunity to win a raffle drawing of \$25- there will be 10 winners.

## How do I participate?

Follow the link: [blog.uvm.edu/IPAB](http://blog.uvm.edu/IPAB) or scan the code by taking a picture:



**Questions?**

E-mail the researcher at [mariana.wingood@uvm.edu](mailto:mariana.wingood@uvm.edu)