



Discover Wellness

Join University of Illinois Extension and Vermilion County Home and Community Education (HCE) for their 2019 wellness series. From mental health to finance to nutrition, these lessons will advance your personal health, wealth, and knowledge.

February 13,
10-11 a.m.

What's New in
the Kitchen
(Hosted Webinar*)

April 3,
11 a.m.-12 p.m.

Container Gardening

June 5,
11 a.m.-12 p.m.

Saving Money by
Comparing TV vs.
Streaming Options

October 2,
11 a.m.-12 p.m.

Saving Money on
Food Costs

November 6,
11 a.m.-12 p.m.

Communicating with
Individuals with
Dementia

Classes are held at the Danville Public Library

**Webinar will be held at the Vermilion Extension
Office at 3164 North Vermilion, Danville*

**Find more information and registration
at web.extension.illinois.edu/cfiv or call
our office at 217.442.8615.**

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| If you need a reasonable accommodation
to participate, please let us know. Images
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