



# CONNECTIONS CAFÉ

by CLARK-LINDSEY &  
URBANA PARK DISTRICT

★ FRIDAYS 10AM-12PM ★



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# What is CONNECTIONS CAFÉ?

- FREE FUN! A WELCOMING ENVIRONMENT TO RELAX AND MAKE NEW FRIENDS. ALL AGES ARE WELCOME!
- FREE COFFEE, TEA, AND DONUTS!
- FREE TECH SUPPORT FOR CELLPHONES, TABLETS, AND VIRTUALLY ANY OTHER PORTABLE TECH DEVICE!
- FREE VITALS CHECKS, INCLUDING BLOOD PRESSURE AND BLOOD OXYGEN SCREENINGS!
- ENJOY PLAYING CARD GAMES, SUCH AS EUCHRE AND THIRTEEN, AND ADULT COLORING BOOKS
- LEARN ABOUT AGE-FRIENDLY COMMUNITY RESOURCES, EVENTS, AND WELLNESS OPPORTUNITIES.

**1ST FRIDAY: COMMON GROUND | 3RD FRIDAY: VALUCHECK**

**Interested in bringing a Connections Café to your community or event?  
Call us at 217-239-5201**

[WWW.CLARK-LINSEY.COM/CONNECTIONSCAFE](http://WWW.CLARK-LINSEY.COM/CONNECTIONSCAFE) | 217-239-5201

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