



# Type One, Type Two, Type You

## A Diabetes Event

Thursday, March 30, 2017 | 4 p.m. - 7:30 p.m.

Wyndham Garden, 1001 Killarney Street, Urbana

This free event is all about you—and how you can take charge of diabetes. Join us for fun, food and advice from diabetes experts.

- 4 p.m.** Enjoy hors d'oeuvres and visit with exhibitors
- 4:30 p.m.** Cooking Demonstration
- 5 p.m.** Movement and Exercise Demonstration
- 5:30 p.m.** Diabetes and YOU
  - Your Heart: C. Kenneth Bodine, MD, Cardiologist
  - Your Weight: Blair Rowitz, MD, Bariatric Surgeon
  - Your Eyes: Michael Tsipursky, MD, Ophthalmologist
  - Your Care: Kingsley Onyemere, MD, Endocrinologist
- 6:30 p.m.** Audience Questions

To RSVP, visit [carle.org/diabetesevent](http://carle.org/diabetesevent) or call (217) 383-3021.

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