

Age Friendly Community Survey

The purpose of this research project is to better understand the opportunities and challenges for older adults in Champaign-Urbana. This is a research project being conducted by the Center on Health, Aging, and Disability at the University of Illinois Urbana-Champaign.

You are invited to participate in this one- time survey because you are an older person living in the city of Champaign or Urbana.

Your participation in this research study is voluntary. You may choose not to participate. If you decide to participate in this research survey, you may withdraw at any time. If you decide not to participate in this study or if you withdraw from participating at any time, you will not be penalized.

Faculty, students, and staff who may see your information will maintain confidentiality to the extent of laws and university policies. Personal identifiers will not be published or presented.

Contact **Wendy Bartlo, Ph.D 217-300-4323** or email address: wbartlo@illinois.edu if:

- You have any questions about this study or your part in it.
- You have questions, concerns or complaints about the research.

If you have any questions about your rights as a research subject, including questions, concerns, complaints, or to offer input, you may call the Office for the Protection of Research Subjects (OPRS) at 217-333-2670 or e-mail OPRS at irb@illinois.edu

Please rate the following characteristics as they relate to **your life in Champaign-Urbana**

What is your age? _____ years

Champaign-Urbana	Poor	Fair	Average	Good	Excellent	Do not know
How do you rate your community as a place to live?	1	2	3	4	5	n/a
How do you rate your community as a place to retire?	1	2	3	4	5	n/a
Outdoor Spaces and Buildings	Poor	Fair	Average	Good	Excellent	Do not know
Accessibility of public buildings	1	2	3	4	5	n/a
Accessibility of public buildings for people with disabilities	1	2	3	4	5	n/a
Availability of public restrooms	1	2	3	4	5	n/a
Availability of public restrooms for people with disabilities	1	2	3	4	5	n/a
Places to sit and rest downtowns of Champaign and Urbana	1	2	3	4	5	n/a
Places to sit and rest in public parks	1	2	3	4	5	n/a
Availability of small businesses and restaurants	1	2	3	4	5	n/a
Accessibility of small businesses and restaurants for people with disabilities	1	2	3	4	5	n/a

Do you have parks or outdoor public spaces in your neighborhood? **YES** **NO**

How many times did you visit a public park in the past year? _____

Please mention any locations in your community that you perceive as being particularly Age-Friendly.

Please mention any location in your community that you perceive as NOT Age-Friendly.

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Transportation	Poor	Fair	Average	Good	Excellent	Do not know
Convenience of vehicular travel	1	2	3	4	5	n/a
Convenience of bus travel	1	2	3	4	5	n/a
Availability of bus stops	1	2	3	4	5	n/a
Ease of walking to access locations in your community	1	2	3	4	5	n/a
Ease of walking on sidewalks and in public places	1	2	3	4	5	n/a
Ease of getting to the places you usually have to visit (e.g., grocery store, doctor's office, pharmacy, etc.)	1	2	3	4	5	n/a
Affordability of public transit	1	2	3	4	5	n/a
Bus drivers are courteous to older people	1	2	3	4	5	n/a
Information on bus routes and schedules is available and easily accessible	1	2	3	4	5	n/a
City areas and services you need are accessible by public transport	1	2	3	4	5	n/a

In the last year, how often did you _____?

	Never	Seldom	Sometimes	Often	Always	Do not know
Use a vehicle to drive yourself?	1	2	3	4	5	n/a
Ride in a vehicle driven by someone else?	1	2	3	4	5	n/a
Ride a bus	1	2	3	4	5	n/a
Walk	1	2	3	4	5	n/a
Ride a bike	1	2	3	4	5	n/a
Use senior transportation or transportation for individuals with disabilities	1	2	3	4	5	n/a
Use paid services such as taxis, etc.?	1	2	3	4	5	n/a

Housing	Poor	Fair	Average	Good	Excellent	Do not know
A variety of housing options for older people	1	2	3	4	5	n/a
Housing options that are safe	1	2	3	4	5	n/a
Housing options that are accessible	1	2	3	4	5	n/a
Availability of affordable quality housing	1	2	3	4	5	n/a
Availability of housing for low income seniors	1	2	3	4	5	n/a
Availability to retrofit homes for accessibility and safety	1	2	3	4	5	n/a
Finding housing to suit your needs	1	2	3	4	5	n/a
Being able to accomplish housework on your own or with assistance from others	1	2	3	4	5	n/a
Being able to accomplish housework on your own or with assistance from others	1	2	3	4	5	n/a
Having the financial resources to maintain a functioning home	1	2	3	4	5	n/a
Being able to maintain your yard on your own or with assistance from others	1	2	3	4	5	n/a

Have you fallen in your home? **YES** **NO**

What are the causes of falls in your home?

Social Participation	Poor	Fair	Average	Good	Excellent	Do not know
Opportunities to enroll in skill building or personal enrichment classes	1	2	3	4	5	n/a
Recreation opportunities (arts, games, library services, etc.)	1	2	3	4	5	n/a
Fitness opportunities (exercise classes, trails, etc.)	1	2	3	4	5	n/a
Opportunities to attend social events or activities	1	2	3	4	5	n/a
Opportunities to attend religious or spiritual activities	1	2	3	4	5	n/a
Finding productive or meaningful activities to do	1	2	3	4	5	n/a

During a typical week, how many hours do you spend doing the following

- Communicating/visiting with friends and/or family _____ **hours**
- Participating in religious or spiritual activities with others _____ **hours**
- Participating in a recreation, educational program, or group activity _____ **hours**
- Volunteering in your community _____ **hours**

In the last 12 months how many times have you

- Used a recreation center in your community _____
- Used fitness center or gym in your community _____
- Visited a local park or trail/nature walk _____
- Used a public library in your community _____

- Used other venues in your community for social participation (e.g., VFW, community based centers, senior centers) _____

Respect and Social Inclusion	Poor	Fair	Average	Good	Excellent	Do not know
Valuing older residents in your community	1	2	3	4	5	n/a
Neighborliness	1	2	3	4	5	n/a
Availability of people to reach out to for help if needed	1	2	3	4	5	n/a
Consideration for older residents' needs at local events and gatherings	1	2	3	4	5	n/a
Sense of community	1	2	3	4	5	n/a
Openness and acceptance of the community towards older residents of diverse backgrounds	1	2	3	4	5	n/a
Overall feeling of safety	1	2	3	4	5	n/a
Availability of resources to prevent potential fraud or scams	1	2	3	4	5	n/a
Having support when dealing with a difficult situation or substantial life event (health condition, loss of loved one, etc.)	1	2	3	4	5	n/a

During a typical month, how many times do you feel:

- Disrespected _____
- Socially excluded _____
- Unsafe _____
- Alone or isolated _____

Civic Participation and Employment	Poor	Fair	Average	Good	Excellent	Do not know
Opportunities to attend and/or participate in local government meetings or other civic meetings	1	2	3	4	5	n/a
Availability of employment opportunities	1	2	3	4	5	n/a
Quality of employment opportunities	1	2	3	4	5	n/a
Having enough money to pay your property taxes	1	2	3	4	5	n/a
Opportunities for meaningful volunteer work	1	2	3	4	5	n/a
Having enough money to meet daily expenses	1	2	3	4	5	n/a
Opportunities for building skills for paid or unpaid work	1	2	3	4	5	n/a

In the last 12 months how many times have you:

- Attended a meeting of your community's local elected officials or other local public meetings _____
- Watched a meeting of your community's local elected officials or other public meeting on television, internet, or other media _____
- Volunteered in your community _____
- Served on city council, a citizen advisory council, neighborhood associations, or other civic organizations/committees _____

Communication and Information	Poor	Fair	Average	Good	Excellent	Do not know
Availability of information about resources for older adults	1	2	3	4	5	n/a
Availability of financial or legal planning services	1	2	3	4	5	n/a
Availability of employment opportunities	1	2	3	4	5	n/a
Having adequate information for dealing with public programs such as Social Security, Medicare, etc.	1	2	3	4	5	n/a
Feeling informed about services and programs available in your community	1	2	3	4	5	n/a
Information in public areas (e.g. posters, brochures, signage) is available and able to be retained (taken home or electronically stored/sent)	1	2	3	4	5	n/a
Feeling informed about leisure and recreational activities available in your community	1	2	3	4	5	n/a

How do you currently get information on programs and services? **(CIRCLE ALL THAT APPLY)**

- Free hardcopy newspapers
- Newspaper subscriptions
- Friend, neighbor, or family member (word of mouth)
- Notices displayed in public places (library, hospital, grocery stores, etc.)
- Internet on a personal computer
- Internet on a smartphone or tablet
- Internet on a public computer
- Church newsletters or bulletins
- Email newsletters
- Yellow pages
- Community associations
- By phone or by calling a service helpline

Community Support and Health Services	Poor	Fair	Average	Good	Excellent	Do not know
Availability physical health care	1	2	3	4	5	n/a
Affordability of physical health care	1	2	3	4	5	n/a
Quality physical health care	1	2	3	4	5	n/a
Availability of mental health care	1	2	3	4	5	n/a
Affordability mental health care	1	2	3	4	5	n/a
Quality of mental health care	1	2	3	4	5	n/a
Availability of preventative health services (e.g., health screenings, flu shots, education workshops)	1	2	3	4	5	n/a
Availability of affordable quality food	1	2	3	4	5	n/a
Being able to afford the medications you need	1	2	3	4	5	n/a
Getting the oral healthcare that you need	1	2	3	4	5	n/a
Being able to maintain a healthy diet	1	2	3	4	5	n/a
Being able to obtain affordable health insurance	1	2	3	4	5	n/a
Being able to stay physically fit	1	2	3	4	5	n/a

Additional Questions

- Age _____
- Gender _____
- City of Residence _____
- Race _____
- Ethnicity _____
- Sexual Orientation _____
- Total Yearly Household Income _____
- Type of Housing (**CIRCLE**)
 - single family
 - mobile home
 - nursing home
 - town house
 - assisted living
 - other _____
- Monthly Housing Costs _____
- Number of Members of Household _____
- Years lived in your community _____

- Employment Status (**CIRCLE**)
 - working full time for pay
 - working part time for pay
 - fully retired
 - unemployed and looking for paid work

- Current or Former occupation (**CIRCLE ALL THAT APPLY**)
 - Agriculture, Forestry, Fishing or Hunting
 - Mining, Quarrying, or Oil and Gas Extraction
 - Utilities
 - Construction
 - Manufacturing
 - Wholesale Trade
 - Retail Trade
 - Transportation and Warehousing
 - Information
 - Finance and Insurance
 - Real Estate and Rental and Leasing
 - Professional, Scientific, and Technical
 - Services Management of Companies and Enterprises
 - Administrative Support and Waste Management and Remediation Services
 - Educational Services
 - Health Care and Social Assistance
 - Arts, Entertainment, and Recreation
 - Accommodation and Food Services
 - Other Services (except Public Administration)
 - Public Administration

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