

Be a **Savvy Caregiver**

Do you help a loved one with Alzheimer's disease?



Attend a course
for Alzheimer's
disease caregivers-
no charge-
donations
accepted.

This is a free program!

During this 6 week program—

Learn about Alzheimer's Disease and Dementia

- ✓ Learn about the stages of this disease
- ✓ How to help your loved one and how to understand difficult behavior
- ✓ How to take care of yourself as a caregiver and how to share experiences

Wednesdays

August 24th –

September 28th

2:00 – 4:30

at Family Service

405 S. State St.

Champaign, IL 61820

To **REGISTER** or for more information,
please contact Roxanna by August 17th.

(217) 352-5100