

4th Annual

East Central Illinois Mental Health & Aging Coalition Conference



Integrated Care:

Building Bridges to Successful Partnerships

October 25, 2011

8:30am to 4:30pm

Holiday Inn

1001 Killarney Street

Urbana, Illinois

Keynote Address:

**“Barriers to Treatment of Older Adults with
Psychiatric and Addictive Disorders”**

by

Dr. Martin Repetto, MD, Ph.D.

Psychiatry, Neuropsychiatry

The Pavilion, Champaign, IL

•7.0 Contact/Clock Hours CEUs provided by the Continuing Education
Institute of Illinois in collaboration with the University of Illinois
Department of Family Medicine

•5.5 hours of Elder Abuse Recertification Credit

Presented by

East Central Illinois Mental Health & Aging Coalition

Conference Sponsors:

**East Central Illinois Area Agency on Aging, Illinois Mental Health and Aging
Coalition, The Pavilion Foundation-Champaign, Saint Mary’s Hospital-Decatur,
Gibson Area Hospital and Health Services-Gibson City**

Conference Schedule

8:30 - 9:00

Registration/Exhibits

Continental Breakfast Available

9:00 - 9:10

Welcome and Introductions

9:10 -10:10

“Barriers to Treatment of Older Adults with Psychiatric and Addictive Disorders”

-Dr. Repetto, MD, Ph.D.

10:10 - 10:30

Break/Exhibits

10:30 -11:20

“In the Trenches-Successes and Challenges with the Self-Neglect Population”

-Elizabeth Ruby, MSW, LCSW & Pat Babich-Smith, MS Ed.

11:20 -12:15

“Recent Changes to the Illinois Power of Attorney Act”

-Karen Hsu, BA, JD

12:15 - 1:15

Lunch & Exhibits

1:15 – 2:15

Concurrent Sessions

A) *“Prevention Of Suicide in Older Adults”*

-Charlotte Kaufman, MA, LCPC

B) *“Assessment Techniques for Older Adults”*

-Judy Brown, MA, LCPC

2:15 - 2:30

Break/Snacks

2:30 - 3:30

“Keeping a Professional Presence During Times of Change”

-Faith Roberts, RN, BSN, FCN

3:30 - 4:30

“Town hall panel: Questions and answers on engaging older adults, funding resources available, accessing community programs and services, and effective working agreements”

-Jean Shobe, AS, Sheila Greuel BS, MHP,
Marsha Johnson MA, and Amy Reeser, BA

4:30

Closing Remarks/Adjournment

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9:10 – 10:10 AM

Barriers to Treatment of Older Adults with Psychiatric and Addictive Disorders

Dr. Martin J. Repetto, MD, Ph.D.

This presentation will review the biological, clinical and social factors underlying mental and substance abuse disorders in the elderly. Identification of factors including individual, social and cultural aspects that interfere with early detection, diagnosis and treatment of mental and substance use disorders in older adults will also be addressed.

Learning Objectives-

- Identify clinical and social factors underlying mental and substance abuse disorders in the elderly.
- Delineate clinical manifestations of mental disorders and substance use disorders in the elderly.
- Identify specific barriers in the early detection, diagnosis and treatment of mental and substance use disorders in the elderly.

10:30-11:20 AM

In the Trenches-Successes and Challenges with the Self-Neglect Population

Elizabeth Ruby MSW, LCSW and Patt Babich-Smith, MS Ed.

Self Neglect will be defined and its inclusion in the Elder Abuse and Neglect Act will be discussed. The requirements placed on self neglect response as defined in the Act will also be highlighted. The CLOX Test will be presented as a test of executive function in conjunction with strategies in responding to self neglect cases.

Learning Objectives-

- Understand what self neglect is.
- Utilization of the CLOX Test as a possible indicator of impairment in executive function.
- Have knowledge of strategies that have been effective with the self neglect population.

11:20-12:15 PM

Recent Changes to the Illinois Power of Attorney Act

Karen Hsu, BA, JD

This presentation will discuss recent legislative changes to the Illinois Power of Attorney Act that impact the following legal documents: The Power of attorney for Property and the Power of Attorney for Health Care.

Learning Objectives-

- Discuss what a Power of Attorney document is.
- Provide an overview of the most significant changes to the Illinois Power of Attorney Act.
- Discuss how recent changes in the Illinois Power of Attorney Act may affect our professional interactions with senior clients.

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Concurrent Sessions 1:15 – 2:15 PM

Prevention of Suicide in Older Adults

Charlotte Kaufman, MA, LCPC

This presentation will address suicide assessment and prevention for older adults. Life saving tools for providers of older adult services will be featured.

Learning Objectives-

- Identify risk and resiliency factors for assessment of suicide risk in older adults.
- Familiarized with treatment and risk management of older adults who display suicidal risk.
- Identify systems of care that support prevention of suicide in older adults.

-OR-

Assessment Techniques for Older Adults

Judy Brown, MA, LCPC

This presentation will focus on the PHQ-9 Patient Health Questionnaire and its use as a tool to evaluate number and extent of symptoms.

Learning Objectives-

- Signs and symptoms of depression.
- Use of the PHQ-9 Patient Health Questionnaire as a tool to evaluate number and extent of symptoms.
- Interviewing techniques in assessing for mental health issues.
- Differential Diagnosis Issues for Older Persons.

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2:30 - 3:30 PM

Keeping a Professional Presence During Times of Change

Faith Roberts, RN, BSN, FCN

Working in the helping professions takes an immeasurable toll on the individual. A lack of consistent funding means writing to obtain grants and then additional work to maintain the grants. The agency professional experiences the stress of always being under scrutiny and justifying her/his requests continuously. Too often in our work the ability to dot the I and cross the T is rewarded at the expense of an equally important skill...caring. Utilizing a reality based approach that recognizes the stress people feel on a moment to moment basis this presentation will explore what is in the HEART of a clinical professional.

Learning Objectives-

- Explore the effect change has on the individual.
- Identify skills that will contribute to a reduction in personal stress

3:30 - 4:30 PM

Town Hall Panel: Questions and answers on engaging older adults, funding resources accessing community programs and services, and effective working agreements

Jean Shobe, AS

Sheila Greuel, BS, MHP

Marsha Johnson, MA

Amy Reeser, BA

Brief presentations by area professionals addressing specific topics of interest with questions and answers to follow.

Learning Objectives-

- Identifying resources in your area.
- Understand the working arrangement between Mental Health and Aging.
- Understand Case Coordination Units and holistic case management.
- Purpose of working agreements and how to adapt them to meet each agencies needs.
- Research, engagement and networking strategies for potential funders.
- Innovative ways of relationship building.
- Effective communication with sincerity, empathy and compassion.

Integrated Care: Building Bridges to Successful Partnerships Conference Registration Form

Fill out all spaces below.

Name/Title: _____
Organization/Company: _____
Address: _____
Street City State Zip
Telephone Number: _____ Fax #: _____
Email: _____

Registration Fee (please mark all applicable)

Early Registration Fee postmarked by October 5, 2011 \$28 _____
Registration Postmarked after October 5, 2011 \$40 _____
7.0 Hours CEU* Fee \$10 _____

*CEU's are available for: MSW, LCSW, LNHA, LCPC, RNs, LPNs, Nurse Practitioners, Social Workers, Physical Therapists and PTA's, Occupational Therapists and COTA's, Nursing Home Administrators, Respiratory Care Therapists, Massage Therapists, Dental Hygienists, Dietitians/Nutritionists and General Attendance. You MUST pay \$10 to the Moultrie County Counseling Center and complete the Registration Form in addition to signing CEU document at registration to receive CEU's. CEUs are provide by the Continuing Education Institute of Illinois in collaboration with the University of Illinois Department of Family Medicine.

Total Amount Enclosed \$ _____

Illinois Department on Aging has designated this conference for 5.5 hours of recertification credit for Elder Abuse Case Workers who attend.

Payment: Checks for registration and applicable CEU fees should be made payable to Moultrie County Counseling Center. Mail the registration form and payment to:

Moultrie County Counseling Center

Attn: Sheila Greuel, MHP

PO Box 163

Sullivan, IL 61951

Which concurrent session will you attend? (mark one)

_____ *"Prevention Of Suicide in Older Adults"*

_____ *"Assessment Techniques for Older Adults"*

Additional Conference Information: Continental breakfast, Lunch -including: Salad, Breast of Chicken stuffed with fresh spinach & sun dried tomatoes, served with wild rice blend, steamed vegetables and rolls, and afternoon snacks provided.

Please submit one (1) registration form per person to ensure availability. Registrations will be accepted up to and including the day of the conference as space allows- see registration fees and CEU expenses.

Contact Sheila Greuel at smgreuel@gmail.com with any questions